

**Disability Awareness Month  
Bibliography  
October, 2009**

“Disability history, education and awareness will promote positive attitudes in schools creating a culture of mutual respect, understanding and equal opportunities for all.”

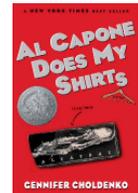
This year the state of Virginia, disability advocates, and the efforts of the Virginia Youth Fellowship will promote awareness and education in public schools by recognizing employment opportunities, arts, the disability rights movement and Virginia disability history.

The following is a selected list of books, videos and websites that will help you learn more about all aspects of disability awareness. All books and videos are available at the Norfolk Public Library, and databases websites may be viewed online at any of the public computer stations located in the library or remotely from home.

**Juvenile: Fiction**

***Al Capone does my Shirts*** by Gennifer Choldenko.

A twelve-year-old boy named Moose moves to Alcatraz Island in 1935 when guards' families were housed there, and has to contend with his extraordinary new environment in addition to life with his autistic sister.



***Anything but Typical*** by Nora Raleigh Baskin.

Jason, a twelve-year-old autistic boy who wants to become a writer, relates what his life is like as he tries to make sense of his world.

***Nobody's Perfect*** by Marlee Matlin.

Is the new girl shy, or is she put off because Megan is deaf? In this evocative companion to "Deaf Child Crossing," the heroine learns that despite first impressions, nobody's perfect.

***Rules*** by Cynthia Lord.

Twelve-year-old Catherine just wants a normal life, which is near impossible when you have a brother with autism and a family that revolves around his disability. She's spent years trying to teach David the rules *from a peach is not a funny-looking apple to keep your pants on in public* in order to stop his embarrassing behaviors. But the summer Catherine meets Jason, a paraplegic boy, and Kristi, the next-door friend she's always wished for, it's her own shocking behavior that turns everything upside down and forces her to ask: What is normal?



***Missing Sisters*** by Gregory Maguire.

Twelve-year-old Alice, an orphan who has never been adopted because of her physical handicap and difficult personality, is shocked to discover she has an identical twin sister living nearby.



***Ms. McCaw Learns to Draw*** by Kaethe Zemach.

Dudley Ellington struggles to learn anything at school, but when his very

patient teacher, Ms. McCaw, is unable to draw a face on the board, he helps her figure out how to do it.

### **Juvenile: Nonfiction**

***Helen Keller*** by various authors.

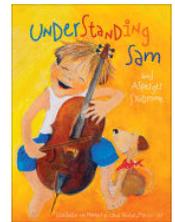
Focuses on the early life of a woman who is well known for overcoming her handicaps of being both blind and deaf.

***Some Kids have Autism*** by Martha E.H. Rustad.

Describes what autism is, its symptoms, and some of the everyday activities of children who have it.

***Understanding Sam and Asperger Syndrome*** by Clarabelle van Niekerk.

A young boy named Sam, has difficulty at school and seems moody at home. When Sam is diagnosed with a form of autism called Asperger syndrome, his family and teachers understand him better and learn how to help him succeed. Includes tips for parents, teachers and children on being with children who have Asperger's.



### **Young Adult: Fiction**

***The Crazy Horse Electric Game*** by Chris Crutcher.

A high school athlete, frustrated at being handicapped after an accident, runs away from home and is helped back to mental and physical health by a black benefactor and the people in a special school where he enrolls.

***The Curious Incident of the Dog in the Night-Time*** by Mark Haddon.

Despite his overwhelming fear of interacting with people, Christopher, a mathematically-gifted, autistic fifteen-year-old boy, decides to investigate the murder of a neighbor's dog and uncovers secret information about his mother.



***Falling Boy*** by Alison McGhee.

A 17 year-old boy whose legs are paralyzed learns lessons about life while working in a bakery.

***Mason*** by Thomas Pendleton.

When a sadistic high school student tries to cover up a murder by brutally beating an innocent girl, his mentally-challenged but psychically-gifted brother, Mason, uses his powers to bring about justice in their sleepy Louisiana town.

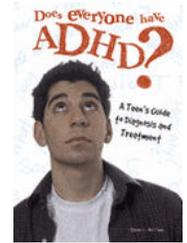
***Marcelo in the Real World*** by Francisco X. Stork.

Marcelo Sandoval, a seventeen-year-old boy on the high-functioning end of the autistic spectrum, faces new challenges, including romance and injustice, when he goes to work for his father in the mailroom of a corporate law firm.

### **Young Adult: Nonfiction**

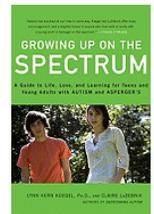
***Does Everyone have ADHD: A Teen's Guide to Diagnosis and Treatment*** by Christine Petersen.

Explores the symptoms, causes, and treatment options for the various forms of Attention Deficit/Hyperactivity Disorder and discusses how those affected can learn to cope with symptoms to survive and thrive in school, work, and family settings.



***Growing up on the Spectrum: A Guide to Life, Love, and Learning for Teens and Young Adults with Autism and Asperger's*** by Lynn Kern.

Renowned autism expert collaborates with a parent of an autistic teenager in this guide to helping teens with autism. Addressing issues from a changing body to how to succeed in college, this inspiring volume offers hope and wisdom for parents, therapists, and educators.



***Teens with Disabilities*** by Gail B. Stewart.

Chronicles four teens living with disabilities and the difficulties they experience on a daily basis.

### **Adult: Fiction**

***Alive Day*** by Tom Sullivan.

A blind psychologist tries to help an injured marine after serious war injuries leave him severely depressed.

***A Dog Named Christmas*** by Greg Kincaid.

Discovering that a local shelter is looking for temporary homes for their dogs over the Christmas holidays, Todd, a developmentally challenged young man, persuades his reluctant family to take in a special canine named Christmas.

***Handle with Care: A Novel*** by Jodi Picoult.

*Handle with Care* explores the knotty tangle of medical ethics and personal morality. When faced with the reality of a fetus who will be disabled, should a parent have the right to consider termination? Bestselling author Picoult explores a timely yet controversial issue in her latest novel.



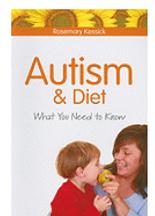
***Of Mice and Men*** by John Steinbeck.

This is the tragic story of George and Lenny, migrant workers, and their relationship; George as the caretaker of the retarded Lenny. The tragic ending occurs when Lenny accidentally kills a farmer's enticing daughter-in-law and George protects him in an unusual way.

### **Adult: Nonfiction**

***Americans with Disabilities Act*** by Margaret C. Jasper.

Focuses on the Americans with Disabilities Act (ADA) and the rights of the disabled under this Act. Also explored are the areas covered by the ADA, specifically employment,



transportation, public accommodations, State and local government services, and telecommunications. For areas not covered by the ADA, a review of other pertinent legislation is provided

***Autism and Diet: What you Need to Know*** by Rosemary Kessick.

Parents have been reporting a connection between autism and diet for decades, but until now the science behind the connection has been evasive. This title covers some of the observations of parents and what some research may have discovered.

***Autism's False Prophets: Bad Science, Risky Medicine, and the Search for a Cure*** by Paul A. Offit, MD.

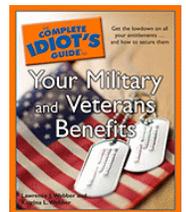
The author debunks false claims about cures and the causes of autism from myth and those not involved in the medical community.

***A Child's Journey out of Autism: One Family's Story of Living in Hope and Finding a Cure*** by Leeann Whiffen.

An inspirational true story of a family's fight to help their child gain abilities through the applied behavior analysis program.

***The Complete Idiot's Guide to your Military and Veterans Benefits*** by Lawrence J. Webber.

Identifies the benefits and compensations available to United States military personnel, military veterans, and their families, and how to secure those benefits.



***The Employer's Legal Handbook*** by Fred S. Steingold.

Includes topics covering hiring, personnel practices, wages and hours, employee benefits, taxes, family and medical leave, health and safety, illegal discrimination, workers with disabilities, termination, employee privacy, independent contractors, unions and lawyers and legal research.

***Estate Planning: For People with a Chronic Condition or Disability*** by Martin M. Shenkman.

Discusses all phases of estate planning for the chronically ill and disabled including Power of Attorney.

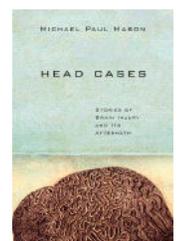
***For Service to your Country: The Insider's Guide to Veterans' Benefits*** by Peter S. Gaytan.

Filled with insider information, it steers you through the process so that you and your family get the benefits in which you are entitled.

***A Guide to Special Education Advocacy: What Parents, Clinicians, and Advocates need to Know*** by Matt Cohen.

Discusses disabilities, eligibility for services, the law, IEP and 504 plans and public school services, mediation and discipline and due process.

***Head Cases: Stories of Brain Injury and its Aftermath*** by Michael Paul Mason.



Mason gives a series of vivid glimpses into brain science, the last frontier of medicine, and explores fragility of the brain and the sense of self, life, and order that resides there.

***The Horse Boy: A Father's Quest to Heal his Son*** by Rupert Isaacson.

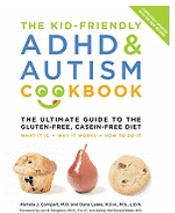
Describes the author's attempts to help his autistic son, Rowan, by taking the family to a remote area of Mongolia in order to consult shamans and allow Rowan to interact with horses and other animals in a quiet, accepting environment.

***I am Potential: Eight Lessons on Living, Loving, and Reaching your Dreams*** by Patrick Henry Hughes.

Profiles Patrick Henry Hughes, born without eyes and physically disabled due to a rare genetic disorder who overcame many obstacles, focused on his musical talents, and became a nationally recognized pianist and singer by the age of nineteen.

***The Kid-Friendly ADHD & Autism Cookbook: The Ultimate Guide to the Gluten-Free, Milk-Free Diet*** by Pamela J. Compart.

In addition to updates on new research and findings, readers will find recommendations from the authors for packing school lunches and snacks, plus 100 brand new recipes!



***Love you to Pieces: Creative Writers on Raising a Child with Special Needs*** edited by Suzanne Kamata.

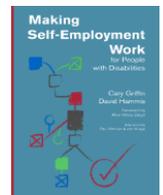
Essays, poems, and short stories on parenting disabled children.

***Making Archives Accessible for People with Disabilities*** by Frank H. Serene.

Covers building design for people with disabilities as well as the law requiring access for all individuals.

***Making Self-Employment Work for People with Disabilities*** by Cary Griffin and David Hammis.

Offers a person-centered guide to business planning, outlining the components of the process, and offering advice on identifying strengths, setting goals, creating the plan, marketing, and financial management.



***The Military Advantage: A Comprehensive Guide to your Military & Veterans Benefits*** by Christopher P. Michel.

If you are one of the 30 million Americans who have answered the call to serve, you've earned valuable benefits. Literally billions of dollars in scholarships, educational benefits, home loan guarantees, and military discounts are there for the taking. All too often, however, these extraordinary benefits go unused or overlooked.

***No more Job Interviews: Self-Employment Strategies for People with Disabilities*** by Alice Weiss Doyel.

Covers resources available to all, such as the Small Business Association, and explains resources designed specifically for people with disabilities. Describes little-known opportunities

for collaboration in growing a business that the author has found in the for-profit and nonprofit worlds as well as the public sector.

***Nolo's IEP Guide: Learning Disabilities*** by Lawrence M. Siegel.

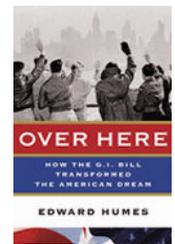
An introduction to special education including your child's rights under the IDEA, what is a learning disability, getting started, developing your child's IEP: blueprint, evaluations, eligibility, gathering information and evidence, goals, preparing for the IEP meeting, the IEP meeting, resolving IEP disputes through: due process, filing a complaint, lawyers and legal research, and parent organizations.

***On their own: Creating an Independent Future for your Adult Child with Learning Disabilities and ADHD: A Family Guide*** by Anne Ford.

Explains how parents of children with ADHD and learning disabilities can help them to become independent adults, covering such topics as employee relations, finding appropriate trade schools and colleges, and estate planning.

***Over Here: How the G.I. Bill Transformed the American Dream*** by Edward Humes.

Quite by accident, according to Pulitzer Prize-winning journalist Humes, the Servicemen's Readjustment Act of 1944, better known as the GI Bill of Rights, sparked a profound transformation of American society and resulted in mass homeownership, greater access to higher education for all Americans, and the growth of suburbia.



***A Parent's Guide to Developmental Delays: Recognizing & Coping with Missed Milestones in Speech, Movement, Learning, and Other Areas*** by Laurie LeComer.

In this special-needs primer for parents, a special education expert provides parents with essential information on a wide range of cognitive, physical, and emotional developmental challenges that affect millions of children each year.

***Putting Creativity to Work: Careers in the Arts for People with Disabilities*** by VSA Arts.

Provides vocational guidance in the area of the arts to people with disabilities.

***Right from the Start: Behavioral Intervention for Young Children with Autism: A Guide for Parents and Professionals*** by Sandra L. Harris.

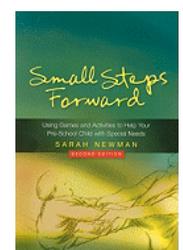
This title shows how ABA can be used to teach speech and language, social, motor, and adaptive skills to children with autism through a system of repetition, reward, and goal adjustment.

***Serve, Support, Simplify: Report of the President's Commission on Care for America's Returning Wounded Warriors*** by the President's Commission on Care for America's Returning Wounded Warriors (REF).

Government document covering medicine, medical care and hospitals for returning vets.

***Small Steps Forward: Using Games and Activities to Help your Pre-School Child with Special Needs*** by Sarah Newman.

When young children are diagnosed with conditions such as Down's syndrome, autism or other forms of developmental delay, there is much that parents can do to help. This new edition of the award-winning Small Steps Forward includes up-to-date



research and practice, providing parents and careers with the information they need and a host of ideas to encourage their child's development. The games and activities use toys and materials which most children will already have, and involve no special preparation.

***Spinal Cord Injury and the Family: A New Guide*** by Michelle J. Alpert.

Clinical experiences combine with patients' own stories in an informational guidebook that covers the causes of and prognosis for spinal cord injury through a series of real-life case studies, reviews common courses of treatment and rehabilitation, and answers *what now?* questions.

***Vets under Siege: How America Deceives and Dishonors those who Fight our Battles*** by Martin Schram.

Offers an exposé of the treatment of American military personnel by the U.S. government at every stage from recruitment through deployment and recovery, revealing the bureaucratic indifference and neglect suffered by veterans of the wars in Iraq and Afghanistan.

***The War comes Home: Washington's Battle against America's Veterans*** by Aaron Glantz.

Covers the treatment of battled scared vets from Iraq and Afghanistan and their plight including the understaffed Veterans Administration and the lack of care given to vets.

***The Way I see it: A Personal Look at Autism and Asperger's*** by Temple Grandin.

Dr. Grandin offers helpful do's and don'ts, practical strategies, and try-it-now tips, all based on her "insider" perspective and a great deal of research.

***We will not Quit and we will Succeed: True Accounts and Experiences of a Family Blessed with Twin Sons Born with Developmental Disabilities*** by Janette Williams-Smith.

It is with this love that parents Leroy and Janette Smith join Special Forces in detecting services and resources that will benefit their twin sons born prematurely, weighing 1 lb, 3 oz and 1 lb, 4 oz, with developmental disabilities. With a vow to never quit in their endeavors, *We Will Not Quit and We Will Succeed* reveals true accounts and experiences of challenges faced and milestones achieved by the Smith Family.



***Wheelchair Warrior: Gangs, Disability, and Basketball*** by Melvin Juette.

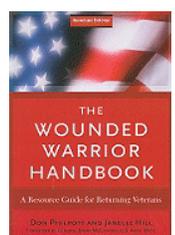
The story of a former gang member who was paralyzed in a shooting and how he discovered a new life through wheelchair basketball. Also discusses the history of discrimination of those with handicaps.

***Winning the Disability Challenge: A Practical Guide to Successful Living*** by John F. Tholen.

A guide for disabled workers offers counsel on how to regain and protect one's independence and self-esteem, demystifying the complexities of disability rights and resources while providing one hundred affirmations for staying on track.

***The Wounded Warrior Handbook: A Resource Guide for Returning Veterans*** by Don Philpott.

The typical wounded soldier must complete and file twenty-two forms following an active-duty injury. To many soldiers and their families coping with the shock and reality of



the injuries, figuring out what to do next-even completing tasks as seemingly easy as submitting paperwork can be overwhelming and confusing.

## **DVD**

***Alive Day Memories: Home from Iraq*** by HBO Documentary Films.

A look at the physical and emotional cost of war through soldiers' memories of their *alive day*, the day they narrowly escaped death in Iraq. Actor James Gandolfini interviews ten soldiers about their memories, their feelings on their future, and more.

***Autism is a World*** by CNN Productions.

Sue Rubin, who is autistic, was diagnosed and treated as mentally retarded until the age of 13, when she began to communicate using a keyboard. She is now a junior in college. This documentary takes the viewer on a journey into her mind, her daily world, and her life with autism.

***Autism: the Musical HBO Documentary Films*** a Bunim-Murray film.

Follow the extraordinary acting coach and founder of the Miracle Project musical theater program Elaine Hall, five autistic children, and their parents as they improbably, heroically mount a full-length original stage production and learn to communicate their feelings in song and performance.

***Best Boy: Best Man*** by the Association for the Help of Retarded Children.

Philly Wohl is a cheerful and lovable 52 year old who's been mentally handicapped since birth and still lives with his parents. When his cousin, filmmaker Ira Wohl, questions what will happen to Philly once his elderly parents can no longer care for him, the family embarks on a mission to help Philly become more independent.

***Born on the Fourth of July*** by Universal Pictures.

Based on the true story of Ron Kovic, a young man who volunteered for the Vietnam War, was wounded, and returned paralyzed from the mid-chest down. He later became a new voice for those disenchanted with the war.

***A Commitment to Care*** by the Norfolk Community Services Board.

Information about care for the mentally handicapped and disabled.

***FDR, A Presidency Revealed*** by David C. Taylor.

A comprehensive original program from the History Channel, featuring exclusive interviews, rare audio recordings, newly-unearthed home movies, and diary entries, that reveals a never-before-seen side of FDR's presidency.

***Follow the Stars Home*** by Hallmark Hall of Fame Productions.

A woman with a handicapped daughter is deserted by her husband.

***Her name is Sabine*** by Sandrine Bonnaire.

An intelligent, moving and beautiful portrait of Sabine, a 38-year-old autistic woman, filmed by her sister, the famous French actress Sandrine Bonnaire.

***My Brother*** by CodeBlack Entertainment.

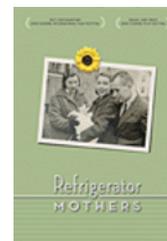
An inner city New York story of two impoverished boys, one of whom is developmentally disabled and the bond of love they share. Forged in their youth by their mother, and made under life's most desperate of circumstances, this bond is unwavering, even in the face of adversity.

***Never been done: The Jon Comer Story*** by Airwalk Productions.

Chronicles the life and times of Jon Comer, the first professional skateboarder with a prosthetic leg, and how he overcame losing a leg as a young boy and went on to realize a dream that no one had ever accomplished before.

***Refrigerator Mothers*** by David E. Simpson.

From the 1950s through the early 1970s, the American medical establishment thought it had found the cause of autism: poor mothering. Doctors presumed that the bizarre behaviors of autistic children-rigid rituals, difficulty with speech, extreme self-isolation - stemmed from their mothers' emotional frigidity. We now know that autism is a brain disorder, not the result of poor parenting. But for a whole generation of women branded as cold *refrigerator mothers*, the damage had already been done.



## **Databases**

Databases are subscription resources that contain reliable, timely, and authoritative online sources of information. Links to these are found on the Library's Webpage at <[www.npl.lib.va.us](http://www.npl.lib.va.us)> under *Databases*. Use your Norfolk Public Library card number for access to these resources:

### ***Access Science.***

Search by keyword, browse, or topic. Topics include Biology, Chemistry, Engineering, Environment, Food Science, Medicine and Military Science.

### ***E-Library.***

Searches magazines, books, Virginia and international newspapers, pictures, maps, TV and radio transcripts, and reference books.

### ***Encyclopedia of Everyday Law.***

Articles include profiles of various U.S. laws and regulations, details of how laws and regulations vary from state to state, and comprehensive bibliographies that include print and Web resources and lists of relevant organizations.

### ***ERIC (Education Resources Information Center).***

The ERIC database (1966-July 2004) contains 1.1 million bibliographic citations to a broad collection of education-related resources. ERIC also provides users with online access to

the full-text of approximately 107,000 ERIC documents (published in 2003 or earlier, and indexed January 1993 - July 2004) in PDF image format. (Access is free and open to all).

***Expanded Academic ASAP.***

From arts and the humanities to social sciences, science and technology, this database meets research needs across all academic disciplines. Access scholarly journals, news magazines, and newspapers, many with full text and images!

***General Onefile.***

A one-stop source for news and periodical articles on a wide range of topics: education, environmental issues, health care, humanities, law, science and social science. This resource contains millions of full-text articles, many with images and is updated daily.

***General Reference Center Gold.***

A general interest database that integrates a variety of sources in one easy-to-use interface. Use General Reference Center Gold to find articles from newspapers, reference books, and periodicals, many with full-text and images.

***Health & Wellness Resource Center.***

Includes magazines, journals, newspapers, definitions, directories, and information on: Medicine, Nutrition, Diseases, Public Health, Prescription Drugs, Herbal remedies, and alternative or complementary treatments. Material is intended for informational purposes only.

**Websites**

***The Coalition to Salute America's Heroes (CSAH)***

An association providing ways for the community to help wounded soldiers including corporations and individuals.

***The Military Family Network***

A network that works with community organizations, local governments and businesses-networking them together as one.

***National Dissemination Center for Children with Disabilities (NICHCY)***

A site that provides information nationally about disabilities in children, programs and services for infants and youth, special education law, *No Child Left Behind* and information regarding practices for children with disabilities.

***Social Security Online Electronic Booklet***

Information about benefits for children with disabilities.

***Support for Families***

A support organization for families with children who have disabilities that contains free information, education and parent to parent support.

***United States Department of Labor Office of Disability Employment Policy***

Employment opportunities for the disabled.

*Wounded Warrior Project*

A sight providing advocacy for wounded vets and their families by raising awareness, and providing programs and services.