ASIAN-PACIFIC AMERICAN
Heritage Month • May 2014

Karate Demonstration: Eagles Self-Defense Academy

Learn self- discipline and gain confidence through this ancient Japanese martial art! (All Ages)

Tuesday, May 6
Larchmont Branch @ 5:30 PM

Saturday, May 10
Park Place Branch @ 1 PM

Saturday, May 24
Van Wyck Branch @ 2 PM

Polynesian Dance Workshop: 'Ohana Arts & Hula Studio

Hawaiian island culture blooms in an interactive hula demonstration! (All Ages)

Wednesday, May 7
Horace C. Downing Branch @ 4 PM

Sunday, May 4
Pretlow Anchor Branch @ 2 PM

Thursday, May 22
Lafayette Branch @ 4:30 PM

Chinese Shadow Puppet Show: Performed by Lui Chong-Berz

Silhouettes spring to life in a dramatization that draws on ancient Chinese culture and techniques. (All Ages)

Wednesday, May 14
Barron F. Black Branch @ 11 AM

Saturday, May 17
Jordan-Newby Branch @ 2 PM

Saturday, May 31
Janaf Branch @ 2 PM

Origami

Paper Artist Rich Gray
Tuesday, May 10
Little Creek Branch
@ 12 PM
Learn how to transform ordinary paper into extraordinary objects!
(All Ages)

Musical Voyages

Performance by
The Virginia Symphony Orchestra
Saturday, May 17
Park Place Branch
@ 1 PM
A VSO quintet will perform music written and inspired by Asian-Pacific composers. (Family)

Success without Stress

Presented by the Art of Living Foundation
Wednesday, May 21
Pretlow Anchor Branch
@ 6 PM
Discover techniques to relax and calm your mind and body. This is a Meet, Learn & Discover Series event. (Adults)

To obtain a complete listing of cultural events and a booklist, go to www.npl.lib.va.us/APAHM